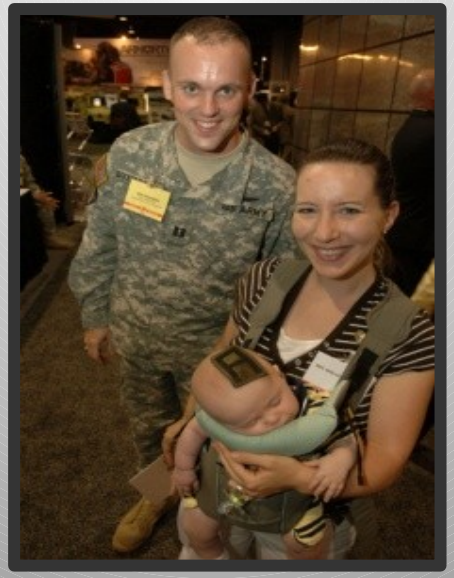
First Army 101 for Spouses



Training Objectives

- **Become more familiar with First Army:**
  - mission
  - organizational structure
  - relationship among active duty, National Guard, and Army Reserve

- **To have a better understanding of the mobilization process.**

- **Be aware of installation and community support systems and**
  available services for Soldiers and Family members.

Purpose

To support First Army Soldiers by educating spouses on First Army's mission and organizational structure: who we are, what we do, where we are going, and where to obtain Family readiness support/assistance.

"It is our commitment to build a partnership with Army Families to ensure their strength and their resilience. We're committed to ensuring the quality of life of our Soldiers, Families and Civilians, as commensurate with the quality of their magnificent service."

(General George W. Casey)

First Army Mission

First Army advises, assists and trains Reserve Component (RC) units during pre-mobilization periods. Conducts mobilization, training support, readiness validation, and deployment of alerted forces; Executes demobilization of RC forces in accordance with Department of the Army and FORSCOM directives and provides trained and ready forces in support of the Army Force Generation (ARFORGEN) model. As directed, provides training to Joint, Combined, Interagency and Active Army Forces.

First Army remains <u>FORSCOM's executing agent</u> for mobilization, training, deployment, redeployment, and demobilization of Reserve Component Forces, providing trained and ready forces covering the full range of military operations responsive to the Combatant Commanders.

Area of Responsibility

FORSCOM
Concept of Mobilization Operations

Phase 1: Planning – The unit plans, trains, and prepares to accomplish assigned mobilization missions.

Phase 2: Alert – The unit takes specific actions to prepare for transition from Reserve Component to active status.

Phase 3: Home Station – This phase begins on the effective date of the unit's mobilization. Once mobilized, the unit will have 72 hours to be ready to move to the mobilization training center.

Phase 4: Mobilization Training Center – This phase begins with arrival of the unit at the mobilization training center and encompasses all the actions necessary to meet required deployment criteria. Soldiers complete Family information sheets. Families are also contacted.

Phase 5: Port of Embarkation – Loading of personnel. This phase ends with departure of personnel and equipment.

First Army Mobilization Planning

RECEIVE MISSION:

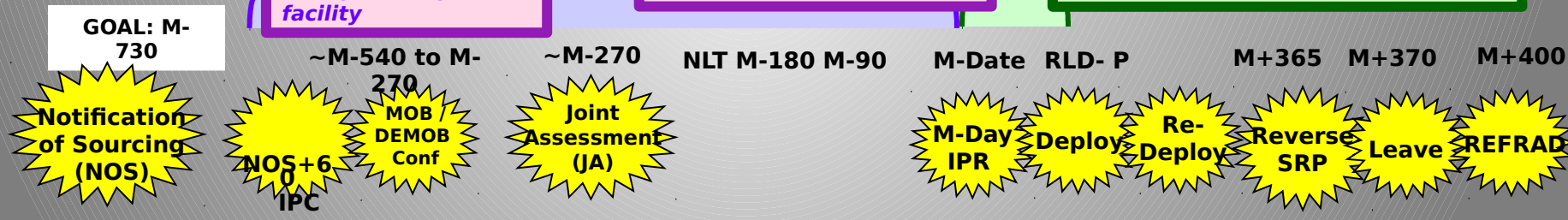
1. - Theater Commander lays out mission requirements to Forces Command (FORSCOM) and date needed
   - Joint Forces Command/FORSCOM determine the type unit (e.g., Aviation, MP, Infantry, etc)
2. Unit notified of sourcing/alerted for mobilization – Soldiers and Families should be discussing their preparations for mobilization
3. Pre-mobilization preparation and planning. Families receive mob briefings at home station (TRICARE, ID card, DEERS, legal and Chaplain services)
4. Post-mobilization training- Soldiers leave home station and travel to mobilization training center

Families begin preparing with FRG assistance

Soldiers and Families can receive services at any military facility

Families are briefed on Yellow Ribbon and out processing procedures when their Soldiers return to the mob training center for REFRAD

Families are receiving welcome packets that includes information on services and points of contact through mob training center or Soldier Readiness Processing (SRP)



Pre-Mobilization Period | **Post-Mobilization Period**

NOS: Notification of sourcing
IPC: Initial planning conference
JA: Joint assessment
REFRAD: Release from active duty
IPR: In process review
SRP: Soldier readiness processing

One Team Mobilization Training Center

First Army
- Executes Training Readiness and Oversight (TRO) responsibilities
- Commands Mobilized Units
- Manages / synchs Mobilization and Demobilization
- Trains and Validates the Unit
- Assists National Guard and Reserve Family Program Directors

Army National Guard
US Army Reserve Command
- Source requirements
- Manpower/equipment units
- Build individual/leader readiness
- Achieve Army Force Generation (ARFORGEN) Aim Points
- Complete reintegration
- Support families during pre- and post- mobilization.

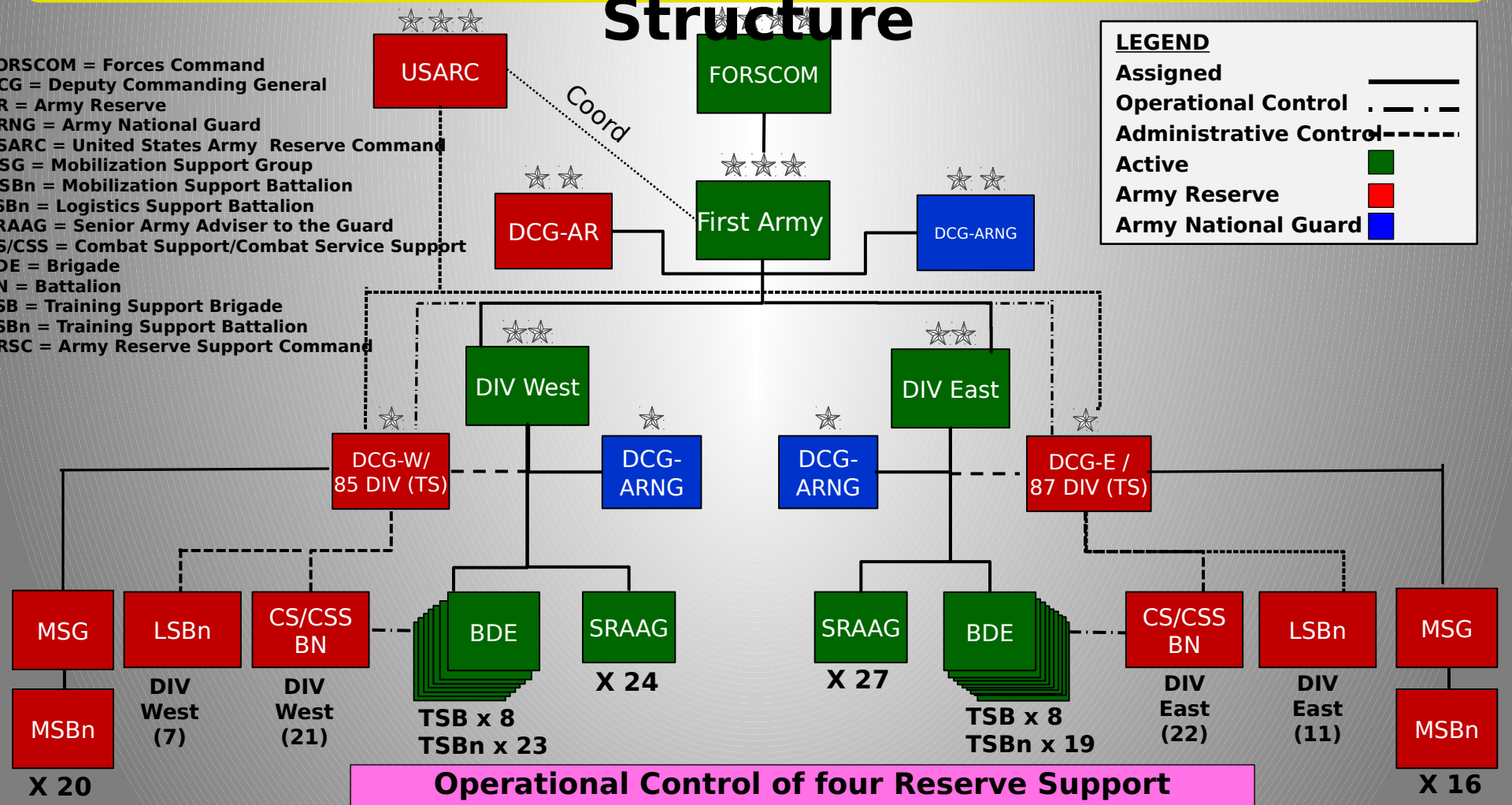
Senior Commander
- Commands installation
- Prioritizes installation resources

Installation Management Command
- Provides mobilization and demobilization infrastructure and support services
- Coordinates movement
- Initiates reintegration
- Mails welcome packets to Families

Medical Command
- Executes Medical Support Plan in coordination with IMCOM

First Army is embedded with these organizations to conduct a successful training campaign

First Army's Multi-Component Structure



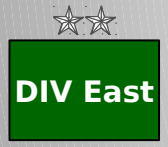
Operational Control of four Reserve Support Commands and
61 additional RC battalions to support training

First Army (Active/Reserve) Organizational Structure

LTG Michael S. Tucker
Commander

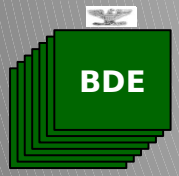
- Executive agent for Reserve Component (RC) training support
- Integrate and synchronize policy, programs and resources
- Support First Army divisions
  Strength: Approx 11,000 Soldiers

MG Phipps

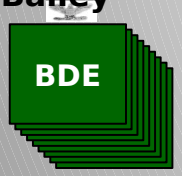


MG Bailey

- Two Divisions direct the execution of RC post-mobilization training. Division East's area of responsibility falls east of the Mississippi River and Division West, west of the Mississippi River



TSB x 8



TSB x 8

- 16 Training Support Brigades and 42 active component battalions execute RC post-mobilization training.

TSBn x 23

TSBn x 19

X 24

X 27

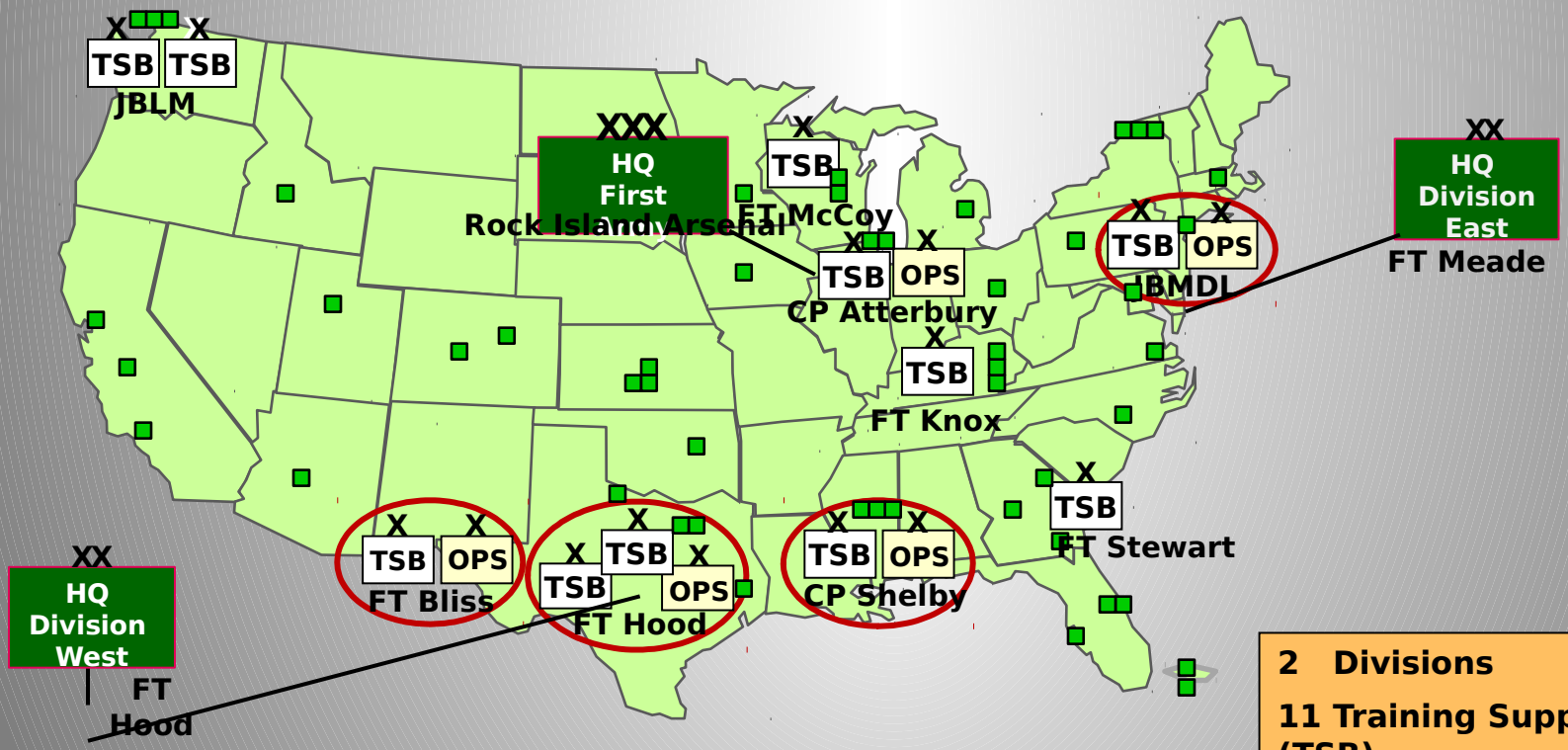
- Senior Army Advisers, Army National Guard (SRAAGs) advise Adjutants General (Major General) of 48 states, District of Columbia, Puerto Rico, and the US Virgin Islands. Work for First Army, but assigned to the National Guard.

- Develop Family support policies
- Serve as liaison between divisions and higher headquarters
- 123 Family Readiness Groups

- Implement and oversee programs in the brigades
- Conduct staff assistance visits
- Conduct training

- Support Family readiness activities
- Connect Families with resources

First Army Footprint



USAR Training Support BN (TSBn) / Logistics Support Bn (LSB

Organized and Postured for Efficient

and Effective Training Support

- **2 Divisions**
- **11 Training Support BDEs (TSB)**
- **5 OPS BDEs**
- **85 Training Support BNs (TSBn)**
  - **42 AC**
  - **43 USAR**
- **18 Logistic Support BNs (LSBn):**
  - **All USAR**

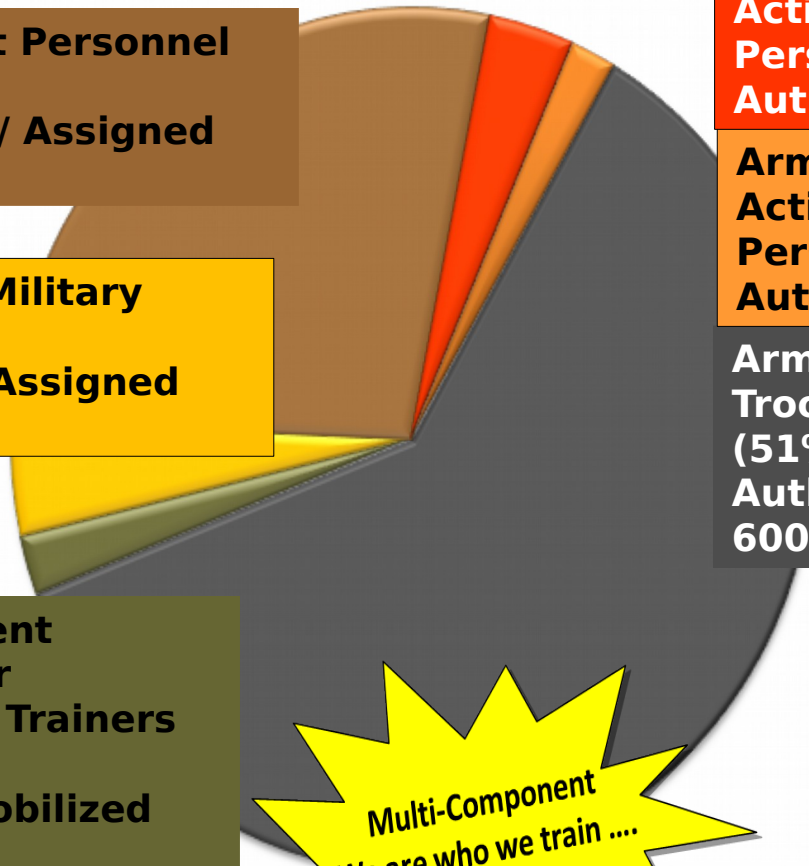
Who We Are (continued) ...

A Multi-Component Command

Active Component Personnel (22%)
Authorized 3,299 / Assigned 2,813

DA Civilians and Military Technicians (4%)
Authorized 513 / Assigned 618

Reserve Component Operation Warrior Trainers/Sp Skills Trainers (20%)
Required 265 / Mobilized 265



Multi-Component
We are who we train ....

Army Reserve Active Guard Reserve Personnel (2%)
Authorized 409 / Assigned 390

Army National Guard Active Guard Reserve Personnel (1%)
Authorized 217 / Assigned 72

Army Reserve Troop Program Unit Personnel (51%)
Authorized: 7,317 / Mobilized: 600

4,779 Personnel on Active Duty

HQ, First Army
Military: 187
Civilian: 152

Divisions East & West
Military: 3,974
Civilian: 466

Soldier Population

- **First Army Active Component Soldiers Assigned to our Brigades and Divisions:**

  These Soldiers are located at our Mobilization Training Centers. They train Soldiers who have been mobilized for missions around the world.

- **First Army Mobilized Troop Program Unit Soldiers:** These Soldiers are from our Reserve Component battalions. They are located at our Mobilization Training Centers and are usually away from home. They train Soldiers for missions around the world

- **First Army non-Mobilized Troop Program Unit Soldiers:** These Soldiers are not on active duty. They are located in the civilian populations where they live. They attend monthly Battle Assembly (BA) and Annual Training (AT).

Basic Army Installation/Community Support

Army Community Service Center/Army One Source

Chaplains

Social Work Services (Medical Clinic)

Family Readiness Groups

Morale, Welfare and Recreation (MWR)

Civilian Advisory Personnel

Drug/Alcohol Community Services

Youth Services

Child Care Services

Public Affairs Office

Army Centers for Enhanced Performance

Family Life Centers

Military One Source

Family Readiness Best Practices

- Family Readiness Groups (FRGs)
- FRG Advisers
- Family Readiness Liaisons
- Army Community Service Centers
- Military One Source
- Casualty Response (CARE) Teams
- Face Book (social media)
- Annual Family Leadership conferences
- First Army 101 and 102 for Spouses presentations
- Quarterly volunteer recognition ceremonies
- Monthly installation community briefs

In Summary

First Army is a demanding, meaningful assignment for Soldiers and Families

- **Executing agent for mobilization training for National Guard and Army Reserve Components.**
- **Diverse, multi-component organization.**
- **Broad geographical footprint.**
- **First Army ensures Soldier and Family Readiness during the training campaign.**

First Army 102 for Spouses

- The First Army 102 for Spouses presentation was developed as a result of Senior Family Readiness Adviser feedback during the 2011 First Army Family Leadership Conference.
- The First Army 102 provides detailed information regarding Army National Guard and Army Reserve functions.

HEADQUARTERS, FIRST ARMY

POINTS OF CONTACT

DEPUTY G-1

309-782-9388

FAMILY PROGRAMS

309-782-9489 / 9488